Help! What is my child doing?

Frustrated with your child's behaviors? Not sure what to do?

Does your child not listen when you ask them to do something?

Does your child hit, yell at others, or need your help even for simple tasks?

Do you have times where you feel that you and your child do not get along?

Do you feel stressed often?



If you answered yes to any of these questions, you are not alone! Let's chat!



Parenting can be stressful and overwhelming, but it can also be rewarding, and even fun! By teaching your child key skills now, you can develop a positive relationship for the years to come. Many parents struggle when their children don't understand or follow the rules.

Through Promising Connections, we are able to work with families who have children that live in or attend childcare in Lucas and Wood Counties.

In Promising Connections, we will practice:

- setting limits that teach children what is expected
- "catching" your child when they are being good and sharing that pride with them.
- learning about emotions and talking about feelings
- Helping relationship building with children for families, teachers, and friends.

This program will offer support from Harbor staff and fellow parents to help you on your own parenting journey.

We hope you will join us in Promising Connections!

For more information contact: Lindsay Stormer, LSW, OCPS, ECMH, OIFP-II at 419-206-8696







