

# the Chatterbox

Announcements and Entertainment from  
The Connection Center

April 2026

The Connection Center  
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For submissions or questions:  
The.Chatterbox.Newsletter@gmail.com

For transportation in Bowling Green,  
Call between 9-9:30 AM on weekdays  
and 11-1130 AM on Saturdays

## Upcoming Events

- |   |                                      |
|---|--------------------------------------|
| Easter Party/Birthday Party– Fri 3rd @11-3  | @4-7                                 |
| CC closed– Sat 4th                          | Free Community Church Lunch-Sat 11-4 |
| Deaf Awareness Activity-Tue 7th @4-7        | Game Tourney-Tue 21st @4-7           |
| CIT– Wed 8th @ 10:45-11:45                  | Pizza Party-Sat 25th @11-4           |
| Movie at Levis Commons-Sat 11th @11-4       | Guided Painting-Tue 28th @4-7        |
| Simpson Garden Park/Sundae Station-Tue 14th | Tea Party-Thu 30th @2                |

## Reminders

- | <u>Downtown Stores</u>  | <u>Tea Party</u>  | <u>Yoga</u>  | <u>LGBTQIA+</u>   |
|---|---|--|---|
| Every Thursday at 1 we will be taking a walk downtown together. This is a good chance to get some steps in together! And hey, maybe we'll stop by the arcade! | On Thursday the 30th we will be having our monthly tea party. It's free of charge and a great chance to relax and have some snacks! | Every Tuesday at 2 we have been having our <b>FREE</b> Yoga classes. This is an excellent chance to calm your mind and work on your physical health. | Every Tuesday at 5 is our new and improved LGBTQIA+ group. If you need support, we're here for you! |

## Easter/Birthday Party

Easter is coming early this month, but that won't stop us from bringing the party. The Easter party will be held on Friday the 3rd. As always the meal is only \$3. Don't miss it!

## Mindful Meditation

Starting on Wednesday, April 1st at 1 we will be having a new meditation group lead by Brent Haas. Gather in stillness and reflection, silence and words, love and gratitude, opening the heart to the unknown and diving into the practice of beginners mind. Please join us. Each session is an hour long.

*Hours: Mon-Fri 9-4, Tues open until 7, Sat 11-4*

## Patrick and Patsy in the Shadows

By Jerry Meiring

Patrick and Patsy were riding horseback across some open country in Texas somewhere. They were on their way to San Antonio. They loved everything from the tumbleweeds to the sagebrush and the lizards.

They came across a well in the middle of nowhere. They drank some water and fed their horses. Bandy and Kandy were the horses names. One was a white stallion, it carried Patsy, and Patrick's horse was a gray mare.

They came upon a pair of rogues, Bib Ben and Little Louie. The pair were cone artists who had ripped off a lot of money. Patrick knew this was the end of the con artits' line.

The rogues lied to them, hoping to get them to give up a lot of money. Patsy pretended to fall for it. They caught the rogues in their own trap. Patrick would take them in.

Then the two men faded away into the dark shadow. They escaped in the flicker of the moonlight. They were shadows, and as shadows they slipped away. Patrick will search for them as long as it takes.

## The Rainbow Connection

There is a great connection or communion,

To connect through the whole spectrum of inclusion,

Lovingly referred to as the Rainbow Connection,

A promise to love, honor, and respect with dignity by relating to one another,

It has a theme throughout called equality intertwined with safe spaces through non-threatening

ideas and non-threatening situations,

We promise to keep everyone safe from utter destruction and utter humiliation,

Using empathy and graciousness to foresee future endeavors and prevent havoc,

This is what we strive to communicate through accepting what other may depend on,

The Rainbow Connection

By: Chervay Carlton

### Spring Ahead

This year...time is moving fast and Spring is on the horizon,  
Putting forth my best effort...putting forth my best spirit,  
This is a time to reflect on the Resurrection of Jesus Christ,  
Focusing our time on Earth towards Our Heavenly Father and Jesus,

Ready for Easter...kids are getting their Easter baskets  
Ready to find Easter eggs and receive candy in them,  
While parents watch their young ones color hard-boiled eggs,

There are big weather pattern changes from Winter to Spring,  
Bringing some winds, some warmer weather, and some colder weather,

Which...can be unpredictable at times,

Sometimes...the snow will show-up,

Sometimes...the rain will show-up.

And sometimes...the sun will shine ever so brightly,

I always try to look forward to the Spring time

Because....everything is regrowing, renewing and

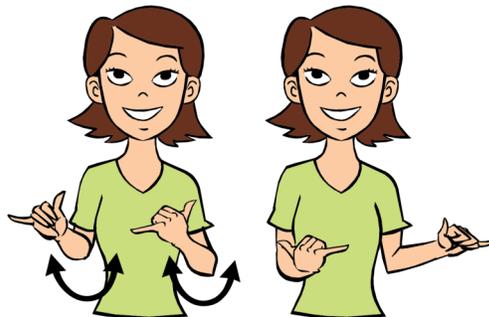
regenerating here on this Earth

By: Chervay Carlton

## Stacie's Sign of the Month

### PARTY

The sign for *party* looks like people dancing at a party. With each hand, you make a fist, then extend your pinkie fingers and thumbs. Dance your two hands in front of your body.



### Julia's Tips for Saving Money

#### Forever and a Thousand Days

U R the light  
Of my life  
You and only you

You encourage  
Me to take chances  
And be true to me

Because of you  
I am totally happy  
And content

The sound of UR voice  
Makes me ecstatic  
And calm all at once

There never was  
And there never will  
Be anyone else  
Besides U

Because of U  
I feel heard by others  
And I am outgoing

I have bloomed  
Because of U  
I am forever  
grateful to U

I love making  
U laugh and smile  
U also bring a  
Smile to my face  
And laughter to me

In essence we  
Belong together  
**By Missy Strange**

Prices are going up on everything! Here's some suggestions to help you save.

**Use apps-**Lots of places have apps that offer digital coupons or special discounts. I use the Kroger app to monitor sales and download digital coupons. I check what digital coupons are available and make sure I "clip" them before I go shopping.

**Rewards programs for frequently purchased items-**I use the rewards program for Qdoba and Biggby. Every 8-9 purchases I get a free item. It might take awhile but it's always a nice surprise to get a free entrée or drink. Some even offer birthday discounts. I also try to go on BOGO days and split with a friend.

**Buying frequent use items in bulk when there are sales-**If I see that something I use frequently is on sale I stock up on it.

**Pay bills on time-**Make sure you are keeping track of when payments are due to avoid expensive late fees. These add up over time. Keep a calendar or put important dates in your phone calendar.

**Be aware of the status of your finances-**Do you have online banking? Make sure you know how much money you have in your account to avoid overdrafts and unnecessary fees. If you don't have overdraft protection, consider getting it if you are not good with keeping track. Sign up for email and text notifications so you can be notified if there is an issue with your account balance or possible fraud.

**Don't make impulse purchases-**Use the 24 hour rule. If you want to make a purchase, think about it for 24 hours to see if you still want the item once you've had time to consider it.

**Evaluate your current service providers-**Do a price comparison for your cable or internet providers. Are you getting the best rate? Is your plan really old and not the best fit? Sometimes if you call your current service provider and ask them if they have any promotions or that you are thinking of switching you can get a discount for a limited time. Do you have subscriptions you've forgotten to cancel and are still getting charged? Do you need multiple streaming services? Cut back on anything you don't need.

**Utilize local resources-**Check out your library to keep up with the latest books and movies. You can request items from other libraries if it's not available. There are two library apps you can use with your membership to Wood County Library: Hoopla and Libby. You can stream movies and shows and borrow digital and audio books and music albums. Libby has thousands of free magazines like National Geographic, US Weekly, and Woman's World just to name a few.

**Buy used instead of new-**Shop local thrift stores or secondhand shops to buy clothes or other household items.

**Eat at home instead of going out to eat-**Cook bulk meals that you can eat more than once, freeze leftovers.

**Buying store brands instead of name brands-**Buying store brands can help you save. If you look at active ingredients in medications for example you will see that they are the same and sometimes considerably cheaper.